### St. John The Apostle Catholic Church Social Ministry Outreach Office 4101 Frawley N. Richland Hills, TX 76180 Phone: (817) 284-5912 Web Site: www.sjtanrh.com

**Baby World:** This office is open to clients living in Tarrant County. They may come once a month for clothing, diapers and infant formula for children from infant through 6 years old. The parent must have a picture ID and Social Security card or birth certificate for the child receiving the service. All items are donated and are subject to supply and demand. No appointment is necessary.

## Mission Arlington Mission Metroplex 210 S. South St. Arlington, TX 76010 Phone: (817) 277-6620 Fax: (817) 277-3388 Web Site: www.missionarlington.org Email: mission@missionarlington.org

Provides food (including formula/baby food), clothing (includes blankets), furniture and emergency financial assistance.

Will pick up furniture in good condition from Arlington residents. Also distributes fans when available to eligible households.

Financial assistance includes gasoline assistance for verifiable employment or job interview as well as for rent, utility assistance and prescription vouchers.

Other special services include transportation, school supplies & clothing, part-time medical & dental clinic, child passenger safety seats, and counseling.

Very limited assistance available for car repairs - call to get details.

English as a Second Language classes are provided in fifteen locations. Also operates a homeless day shelter.

Catholic Charities – Fort Worth Tornhilll 249 W. Thornhill Fort Worth, TX 76115 Phone: (817) 534-0814 Fax: (817) 535-8779 Web Site: www.ccdofw.org Email: infocatholiccharities@ddcofw.org

Serving people of all faiths. Food, shelter, supportive housing, clothing, financial assistance, and other forms of help that give people a leg up when life has knocked them down.

Arlington Charities, Inc. 811 Secretary Dr. Arlington, TX 76015 Phone: (817) 275-1511 Fax: (817) 275-1448

Emergency food and clothing (including work clothing). Household items and linens, as available.

Seasonal assistance including school supplies and Thanksgiving & Christmas groceries.

Supplemental program for elderly/disabled available monthly for clients who qualify.

No financial assistance available.

East Arlington Family Support Center 1815 New York Ave. Arlington, TX 76010 Phone: (817) 277-3050 Fax: (817) 860-9495 Email: familysupport@achservices.org

They offer programs from many different local agencies, and will help families and individuals identify which programs they are eligible for. There are no requirements to participate in the East Arlington Family Support Center.

Types of services available:

- Child, Youth and Teen Services
- Educational Services
- Family Fun Events
- Information, Referral and Advocacy
- Intensive Case Management
- Parent Leadership Development
- Support Groups
- Support for Health Insurance and Medical Services

Pregnancy Help Center 7700-A Camp Bowie W Fort Worth, TX 76116 Phone: (817) 560-2226 Fax: (817) 560-4674 Web Site: <u>http://www.phcfw.org/</u> Email: <u>phcfwtx@aol.com</u>

Free pregnancy, testing and sonograms; information and referrals for medical care, adoption, schooling, nutrition, housing, employment, etc. Some maternity and baby items available; some assistance available to PHC clients depending on each individual situation; post-abortion counseling. Spanish - on Mondays.

### Pregnancy Lifeline 4747 S. Hulen, Ste 103 Fort Worth, TX 76132 Phone: (817) 292-6449 Fax: (817) 263-0821 Web Site: www.pregnancylifeline.net Email: Life103@swbell.net

Free pregnancy test; education and information regarding medical care, abortion, adoption, schooling, nutrition, housing, parenting classes, etc; maternity and baby clothes/items as available; post-abortion support groups also available.

# Area Agency on Aging of Tarrant County (AATC) 1500 N. Main, Suite 200 P.O. Box 4448 Fort Worth, TX 76164 Phone: (817) 258-8081 Fax: (817) 258-8074 Web Site: www.aaatc.org

Offers a variety of direct services that help eligible adults, age 60 and over, and their caregivers obtain temporary assistance needed to help older adults remain in their own homes.

Buddy Programs for Older Adults. Errand Running/Shopping assistance. Friendly Telephoning. Friendly Visiting. Home maintenance and Repair Services. Local Transportation. Ramp Construction. Yard Work. Home delivered meals. MEALS ON WHEELS INC.

<u>Who Qualifies:</u> Tarrant County residents who are 60 years old and older, and who have two or more unmet activities of daily living (ADLs).

Arlington Urban Ministries 701 Dugan Street Arlington, TX 76010 Phone: (817) 861-8585 Fax: (817) 861-8898 Web Site: www.arlurbmin.org Email: <u>a u m@sbcglobal.net</u>

Supported by the United Methodist Churches.

Provides individualized assistance to people in transition or crisis situations with emergency food, rent and utilities.

See clients once a year. Help with rent, electric and medicine. Won't help with telephone. Must be a resident of Arlington or of AISD area.

Battered Women's Foundation 4166 Willman Willman Center N. Richland Hills, TX 76180 Phone: (817) 284-8464 Fax: (817) 284-1880 Web Site: www.bwf1.com Email: Batteredwomen1@aol.com

In addition to the expected services such as counseling, emergency food and clothing and temporary shelter, the BWF offers a vital and unique two-year program designed to heal all areas of a client's life.

Clients receive assistance with permanent housing, education, child-care, transportation, job search skills, food and clothing, medical care and, most importantly, rebuilding their self-esteem and giving them hope. Contact our office on requirements for getting Financial Assistance. Christmas Angel Program for children. Texas Comprehensive Energy Assistance Program (CEAP) TDHCA - Housing and Community Affairs Programs 221 East 11th Street Austin, TX 78701-2410 Phone: (512) 475-3800 Web Site: <u>http://www.tdhca.state.tx.us/ea/ceap.htm</u> Email: <u>energyassistance@ncat.org</u>

The Comprehensive Energy Assistance Program (CEAP) is a utility assistance program. CEAP is designed to assist low income households in meeting their immediate energy needs and to encourage consumers to control energy costs for years to come through energy education.

Provides relief to those low income elderly and/or disabled households most vulnerable to the high cost of energy for home heating and cooling from fluctuations in energy costs by providing financial assistance, paying up to 4 of the highest bills during the year. Furthermore it provides assistance in an energy-related crisis or during severe weather or supply shortages.

CEAP can replace, repair and/or retrofit inefficient heating and/or cooling systems for eligible applicants.

Salvation Army of Tarrant County 1855 East Lancaster Fort Worth, TX 76103 Phone: (817) 344-1800 Fax: (817) 338-9251 Web Site: www.salvationarmydfw.org

Provides emergency financial assistance and case management to eligible families in crisis depending on availability of funding. Services include rent/mortgage assistance, utility assistance and food boxes. Other assistance includes free notary services.

Help with 30 days emergency. Need proof and need to show you can handle next month. Need proof of earned income.

## FindLegalHelp.org American Bar Association 321 North Clark Street Chicago, IL 60654-7598 Phone: (800) 285-2221 Web Site: www.abanet.org

Consumers' Guide to Legal Help

Although the ABA cannot help you directly, there are many people out there who can. This site will guide you to a list of resources in your state. Most legal issues are regulated by the law in the state where you live, or where the problem occurred.

In response to the increasing number of foreclosures in the nation, the ABA is providing links to local, state and national resources.

A legal hotline allows people to talk to a legal aid lawyer by phone to ask about legal questions or problems.

Legal services offices, also called legal aid offices, employ staff lawyers to provide legal help to poor clients. The lawyers are usually experts in the types of problems that poor clients most often encounter. Some are federally funded and some are privately funded. Website provides a "Legal Help home page" to search for legal aid programs in your state.

Pro bono programs help low-income people find volunteer lawyers who are willing to handle their cases for free. These programs usually are sponsored by state or local bar associations. You can look for a pro bono program in your state on this website.